



Community Director Gavin Douglas presents a basket to Service Coordinator Mary Anne Pham which will be given to participants to help set up their home.

Baskets ease move

Rotary project to boost mental health

FOLLOWING the Rotary Club of Revesby Warrimbirra's mental health forum earlier this year, Rotarian Andrew Duclos decided to contact the Mental Health Therapy and Recovery Service to see if his group could be of assistance.

In turn, the Residential Support Service, which provides a residential program for adults with mental illness who want to live independently in the community, was put in contact with the Rotary Club of Revesby Warrimbirra.

Participants in the housing program must be over 18 years of age and liv-

ing with a major mental illness, be able to manage without 24 hours' supervision and have the capacity to learn new skills. The Residential Support Service gives assistance to develop community living skills and enable independent living.

Andrew approached fellow club members with the idea that they put together starter baskets of essential items for participants when they move into the units. Members then donated 20 items for each kit, including coffee, tea, personal toiletries, household cleaning basics, etc. and put them in a washing basket.

Community Director Gavin Douglas said he was delighted that the Club took on the project and so far have put together 20 starter baskets.

"The Rotary Club of Revesby Warrimbirra is dedicated to mental health initiatives and hopes to continue the starter baskets as an ongoing club project," he said.

Service Coordinator Mary Anne Pham thanked the Rotarians: "I am sure these baskets will bring a smile to our participants and give them a head start in getting back into the community and cut out some of the initial costs of setting up a home."